

Nutrition Facts

Serving Size 100 grams (100 grams)

Amount Per Serving

Calories 71

Calories from Fat 21

% Daily Value*

Total Fat 2g 4%

Saturated Fat 0g 2%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 6mg 0%

Total Carbohydrate 12g 4%

Dietary Fiber 3g 11%

Sugars 4g

Protein 2g

Vitamin A 20% • Vitamin C 59%

Calcium 1% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

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