

Nutrition Facts

Serving Size 100 grams (100 grams)

Amount Per Serving

Calories 471

Calories from Fat 318

% Daily Value*

Total Fat 38g 58%

Saturated Fat 10g 52%

Trans Fat 0g

Cholesterol 84mg 28%

Sodium 35mg 1%

Total Carbohydrate 24g 8%

Dietary Fiber 10g 40%

Sugars 4g

Protein 16g

Vitamin A 2% • Vitamin C 0%

Calcium 16% • Iron 19%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

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