

# Nutrition Facts

Serving Size 100 grams (100 grams)

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## Amount Per Serving

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**Calories** 63

Calories from Fat 36

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### % Daily Value\*

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**Total Fat** 4g 6%

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Saturated Fat 1g 3%

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Trans Fat

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**Cholesterol** 0mg 0%

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**Sodium** 5mg 0%

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**Total Carbohydrate** 6g 2%

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Dietary Fiber 1g 6%

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Sugars 2g

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**Protein** 2g

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Vitamin A 0% • Vitamin C 3%

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Calcium 1% • Iron 3%

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\*Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on  
your calorie needs.